

FY 2016-2018 Charles County Behavioral Health Action Plan

Strategies	Actions	Outputs	Intermediate Measures	End Measures
<p><b>Mobile Integrated Healthcare:</b> Reduce Emergency Department (ED) utilization and Emergency Medical Services (EMS) transports among behavioral health high utilizers by linking them with care coordination and community health services.</p>	<ul style="list-style-type: none"> <li>-Identify and recruit 10 behavioral health ED or EMS high utilizers to participate in the program</li> <li>-Conduct all initial team visits within 24-48 hours of discharge</li> <li>-Increase health literacy by educating participants on prevention/management of their disease processes</li> <li>-Improve the safety of the home through an environmental scan and subsequent education</li> <li>-Connect people to a primary care or behavioral health provider or re-connect them to their provider</li> <li>-Educate on appropriate use of the emergency</li> </ul>	<ul style="list-style-type: none"> <li>-Number of hospital high utilizers educated on the program</li> <li>-Number recruited as participants</li> <li>-Number of initial team visits conducted within 24-48 hours of discharge</li> <li>-Number of participants who visit their primary care providers twice a year for routine care</li> <li>-Number of participants who are connected or reconnected to a behavioral health provider for care.</li> <li>-Number of emergency medical</li> </ul>	<p>Reduce the Charles County hospital readmission rate to the Medicare all cause, all payer readmission rate of 10.39%.</p> <p>Reduce the Charles County preventable hospital stay rate from 71 per 1000 Medicare enrollees to 69 per 1000 Medicare enrollees. Source: County Health Rankings</p>	<p>1. Mental Health</p> <p>A. Reduce the Charles County mental health emergency department visit rate from 3045.8 per 100,000 to 3015 per 100,000 (1% reduction). Source: 2013 Maryland HSCRC data from SHIP website</p> <p>2. Substance Use Disorders</p> <p>A. Reduce the Charles County addictions-related emergency department visit rate from 1200.4 per 100,000 to 1188 per 100,000 (1% reduction) Source: 2013 Maryland HSCRC data from SHIP website</p>

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	<p>department and emergency medical services</p> <p>-Link individuals to social services and transportation to prevent barriers to access</p> <p>-Connect them to specialists for disease processes.</p>	<p>services transports among participants</p> <p>-Number of emergency department visits among participants</p>		
<p><b>Community Education and Outreach:</b> Engage and educate all segments of the community on behavioral health to promote resources, to reduce stigma, and to increase awareness.</p>	<p>Expand the Mental Health First Aid training in the Charles County Public Schools and in the general community and work collaboratively with the Charles County Public School to implement Lauren's Law.</p>	<p>-Number of Mental Health First Aid Trainings Conducted</p> <p>-Number of people educated on Mental Health First Aid</p> <p>-Number of agencies represented at trainings</p> <p>-Number of new trainings needed to fulfill Lauren's law requirements</p>	<p>Increase the proportion of adults and children with diagnosed mental health disorders from 12.2% to 13% (anxiety disorders) and from 10.4% to 11% (depressive disorders). (BRFSS)</p> <p>Increase the number of public mental health treatment admissions and increase clients who report being very satisfied with treatment from 19.9% in 2015 to 25% (PMHS OMS).</p> <p>Increase persons with co-occurring substance abuse and mental health disorders who receive treatment for both from 382 in FY14 to 420 (10% increase). (Crystal Report MARS0002 for Dual Diagnosis with SMI/SED).</p> <p>Increase the number of people receiving treatment for abuse or dependence of opiates and/or illicit drugs in the past year by 5%.</p>	

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	<p>Promote the KNOW Mental Health NO Stigma campaign in Charles County.</p>	<ul style="list-style-type: none"> <li>-Number of new products developed using the campaign information</li> <li>-Number of media campaigns initiated</li> <li>-Number of community events where the campaign was promoted</li> <li>-Number of county residents who were educated on the campaign</li> </ul>		
	<p>Create a county awareness campaign to educate the general public on the definition of behavioral health.</p>	<ul style="list-style-type: none"> <li>-Number of new campaigns developed</li> <li>-Number of new products developed using the campaign information</li> <li>-Number of media campaigns initiated</li> <li>-Number of community events where the campaign was promoted</li> <li>-Number of county residents who were educated on the campaign</li> </ul>		

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	<p>Increase county capacity to screen and refer patients using the Screening and Brief Intervention and Referral for Treatment (SBIRT) model.</p>	<ul style="list-style-type: none"> <li>-Number of agencies trained in SBIRT</li> <li>-Total Number of individuals trained in SBIRT</li> <li>-Number of providers trained in SBIRT</li> <li>-Number of hospital staff trained in SBIRT</li> <li>-Number of College faculty trained in SBIRT</li> <li>-Number of school personnel trained in SBIRT</li> <li>-Number of LHIC members trained in SBIRT</li> <li>-Number of residents screened using SBIRT</li> <li>-Number of residents referred after the use of SBIRT</li> </ul>		
	<p>Crisis Intervention Training</p>	<ul style="list-style-type: none"> <li>-Number of partners recruited</li> <li>-Number of people trained</li> <li>-Number of crisis intervention teams</li> </ul>		

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		established	
	Increase information sharing and knowledge of available behavioral health services by creating a directory or list of all known county services.	-Number of new products developed -Number of agencies represented -Number of directories disseminated	

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Increase county capacity to provide services and treatment for opioid use and overdose.	Train county agencies and community members on Naloxone distribution.	-Number of trainings held -Total Number of individuals trained -Number of agencies trained on Naloxone administration -Number of law enforcement officers trained -Number of community agencies members trained -Number of behavioral health providers trained -Number of at-risk individuals or their family members trained -Number of Naloxone kits distributed -Number of Naloxone injections administered	Decrease the Charles County opiate related emergency department visit rate from 1.9 per 1000 events in 2012 to 1.5. (BHA/SEOW)  Increase the number of people receiving treatment for abuse or dependence of opiates and/or illicit drugs in the past year by 5%. (BHA)  Decrease the number of drug or alcohol related intoxication deaths in Charles County from 21 deaths in 2014 to 19 deaths (10% decrease). (Vital Statistics)  Decrease the percentage of drug or alcohol intoxication deaths that are	2. Substance Use Disorders A. Reduce the Charles County addictions-related emergency department visit rate from 1200.4 per 100,000 to 1188 per 100,000 (1% reduction) Source: 2013 Maryland HSCRC data from SHIP website

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	<p>Recruit county providers who are trained at prescribing Suboxone.</p>	<ul style="list-style-type: none"> <li>-Number of surveys developed to ask county providers about the barriers and challenges keeping them from being trained in the prescription of Suboxone.</li> <li>-Number of surveys collected</li> <li>-Number of new promotions developed to overcome those barriers and help facilitate the training of additional providers</li> <li>-Number of new providers trained in Suboxone distribution</li> </ul>	<p>opiate related in Charles County from 95% in 2014 to 85%. (Vital Statistics)</p> <p>Decrease the reported non-medical use of pain relievers among Southern Maryland 18-25 year olds from 10.5% to 10%. (National Survey on Drug Use and Health/SEOW)</p>	
	<p>Promote the Charles County Sheriff's Office Prescription Take Back Program.</p>	<ul style="list-style-type: none"> <li>-Number of flyers created</li> <li>-Number of Take Back days conducted</li> <li>-Number of flyers distributed in the community</li> </ul>		